

Transformative Mediation

Experience the work of Ike Lassiter & John Kinyon,
based on the principles of NVC



The Workshop

You will use the language & skills of Nonviolent Communication (NVC) to navigate & resolve conflicts between yourself & others, & between others who are in conflict that does not directly involve you.

From this workshop you will gain the skills to:

- Be able to support friends & colleagues to resolve conflicts peacefully while using the skills of empathy
- Deepen your NVC Practice
- Increase your capacity to return to presence in the midst of Fight-Flight-Freeze (FFF) reaction that is brought on by conflict
- Create & support a more harmonious home & work environment
- Implement the mediation 3 chair model

When: 26th to 29th November 2020

Where: Glen Eden, Auckland

Time: 9am to 5pm all days

Investment: \$550 - Full price. \$500 (Early bird if paid by 26th Sept)

To Register: Wayne Prince - wayne@in2connect.co.nz
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Payment: The Meditating Giraffe LTD
02-0110-0058043-00 BNZ

Presented by: Deb Hipperson & Wayne Prince

www.meditatinggiraffe.co.nz

