

# Transformative Mediation

Experience the work of Ike Lassiter & John Kinyon,  
based on the principles of NVC



## The Workshop

You will use the language & skills of Nonviolent Communication (NVC) to navigate & resolve conflicts between yourself & others, & between others who are in conflict that does not directly involve you.

From this workshop you will gain the skills to:

- Be able to support friends & colleagues to resolve conflicts peacefully while using the skills of empathy
- Deepen your NVC Practice
- Increase your capacity to return to presence in the midst of Fight-Flight-Freeze (FFF) reaction that is brought on by conflict
- Create & support a more harmonious home & work environment
- Implement the mediation 3 chair model

**When:** 25th - 28th June 2020

**Where:** Glen Eden, Auckland

**Time:** Thursday 9 am to 5 pm. Friday 9 am to 5pm with an optional extra 2 hours.  
Saturday 9 am to 5pm. Sunday 9 am to 5pm

**Investment:** \$550 - Full price. \$500 (Early bird if paid 10 May 2020)

**To Register:** Wayne Prince - [wayne@in2connect.co.nz](mailto:wayne@in2connect.co.nz)  
0272379657

**Payment:** The Meditating Giraffe LTD  
02-0110-0058043-00 BNZ

**Presented by:** Deb Hipperson & Wayne Prince

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