

COMMUNICATION for CONNECTION



*Based on the internationally successful principles of
Nonviolent Communication (NVC)
As developed by Dr. Marshall Rosenberg*

Free Introduction seminar:

Come along and find out for yourself why
so many people are talking about the power of NVC.

Sunday April 29th 6pm to 8

Foundation Workshop

Beginning Thursday evening May 10th

Delivered over 6 consecutive weeks 6pm to 8.30

Resilience is our ability to self-connect; with what brings us alive, keeps us internally motivated, compassionate with ourselves and others. Building our skill and awareness with communication and connection the solutions that emerge are the ones we've been looking for, the ones that get to the heart of the matter and address what we care about most in each situation.

NVC is relevant, practical, and an empowering 'how to'!

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An approved provider of the Ministry of Ed for ECE staff PD - teaching NVC since 2010. "What I love about NVC is that it continually supports me to build my capacity for self-connection, authenticity, and empathy with others. I am empowered to be & model these life skills for my children - living my core values with confidence & compassion in all my relationships. It is my pleasure & privilege to be able support others with experiential learning of NVC tools and awareness."

Tuition: \$250 (\$220 with \$50 deposit by April 29th)

More information: www.nvc.org.nz