

Natural NVC Communication

An Intermediate Nonviolent Communication (NVC) workshop

This one day workshop is for anyone who has attended a foundation training in NVC. It will refresh empathy skills and help integrate the 4 step model.

Learn to:

- Communicate more naturally
- Live the NVC "lists"
- Be honest with care
- Embody NVC
- Build NVC communities

25th November, 2017

10am - 5pm

\$150

***50 The Terrace,
Wellington***

Facilitators: Anna Groves ten Broeke is a certified CNVC trainer. She has facilitated trainings nationally for over ten years, offering workshops, individual sessions and coaching for new NVC trainers. Anna is also a Somatic Practitioner and teaches yoga and dance.

Anna will be assisted by Adam Shand who is working towards becoming an NVC trainer. He is currently a manager at Weta Digital with a background in technology and business. Adam runs an NVC inspired, weekly support group for managers with his sister Amy Shand called "Managers Anonymous".

Register here:
nvcint.lilregie.com

Questions to:
adam@shand.net
www.nvc.org.nz

