



COMMUNICATION for CONNECTION

Based on the internationally successful principles of
Nonviolent Communication (NVC)

As developed by Dr. M. B. Rosenberg

PARENTING Workshop - Hastings

Add to your toolbox ways to meet the challenges of parenting that combine living your values, holding your boundaries, and modeling resilient life skills such as: inspiring intrinsic motivation & cooperation, empowered emotional intelligence & languaging, and enhanced ability to turn disconnection into connection.

Parenting with NVC is a practical 'how to' that works!

August 5th & 6th 9am to 5pm

Investment: \$250 (\$220 with \$50 deposit by June 20th)

Facilitator-Registration: Filipa Hope filipahope@gmail.com 027.451.3445



Teaching NVC since 2010 to parents, couples, educators, therapists... "As a parent, I want to model empathy, self-responsibility and the ability to hold boundaries firmly. I want to model connection skills that nurture empowerment. NVC supports me to live my values with strength & awareness. I love supporting others to discover the power in NVC for more effective communication & connections."

More information: www.nvc.org.nz