

The **Vegan** Society Presents...

What You Say Next Can Change The World

Intro to Nonviolent Communication

- You care about animal welfare and wish everyone else did too?
- Your heart shatters when you hear about cruelty to animals?
- You become furious when other people don't seem to "get it"?
- You want to maintain your own well-being for the long haul?

WORKSHOP

INTERACTIVE WORKSHOP FACILITATED BY JEAN MCELHANEY,
CERTIFIED NVC TRAINER

Stay connected with and focused on what matters to you.
Embody your values of compassion, empathy, and being real even more deeply.
Communicate effectively with people who have other viewpoints.
Gain energy, resilience and confidence to keep your social change work sustainable.

WHEN WHERE?

APRIL 11, 9:30AM 5:00PM
63 GREAT NORTH ROAD, GREY LYNN
PRE REGISTRATION REQUIRED RSVP:
amanda@vegansociety.co.nz

Lunch is not provided so you are welcome to bring your own

\$25

unwaged

\$50

waged

