



COMMUNICATION for CONNECTION

Professional Communication Development

Based on the internationally successful principles of NVC

developed by Dr. Marshall B. Rosenberg www.cnvc.org

Improve all aspects of your life through more effective communication. This easy process inspires willingness in others to really hear, understand and work with you. It brings self-connection that empowers you through clarity, confidence and choice. This course is offered with a focus on Parenting, or more generally for all your relationships: Clients, Children, Spouse, Employer, Employees, Siblings, Parents...

Foundation and Parenting Trainings: Hastings

Parenting focus over 6 weeks **Aug 19th Tues** 7.15pm to 9.30pm

Foundation over 6 weeks **Aug 21st Thur** 7.15pm to 9:30pm

Investment: \$200

Private Group/Staff Trainings by Request



Registration: Filipa Hope filipahope@gmail.com

NVC has been my personal practice since 2006 & I have been delivering trainings since 2010. NVC living helps me to confidently live my truth with clarity, strength and compassion. Through living NVC I model for my children communication and connection skills that empower and enrich their lives.

More information: www.nvc.org.nz

"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.

" Viktor E. Frankl