



# COMMUNICATION for CONNECTION

## *Professional Communication Development*

*Based on the internationally successful principles of NVC*

*developed by Dr. Marshall B. Rosenberg [www.cnvc.org](http://www.cnvc.org)*

Improve all aspects of your life through more effective communication. This easy process inspires willingness in others to really hear, understand and work with you. It brings self-connection that empowers you through clarity, confidence and choice. This course is offered with a focus on Parenting, or more generally for all your relationships: Clients, Children, Spouse, Employer, Employees, Siblings, Parents...

## **Foundation and Parenting Trainings: Hastings**

**Parenting focus over 6 weeks** **Aug 19<sup>th</sup> Wed's** 7.15pm to 9.30pm

**Foundation over 6 weeks** **Aug 21<sup>st</sup> Tue's** 7.15pm to 9:30pm

Investment: \$200

## ***Private Group/Staff Trainings by Request***



**Registration:** Filipa Hope [filipahope@gmail.com](mailto:filipahope@gmail.com)

NVC has been my personal practice since 2006 & I have been delivering trainings since 2010. NVC living helps me to confidently live my truth with clarity, strength and compassion. Through living NVC I model for my children communication and connection skills that empower and enrich their lives.

**More information:** [www.nvc.org.nz](http://www.nvc.org.nz)

*"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.*

*" Viktor E. Frankl*