



COMMUNICATION for CONNECTION

Based on the principles of
Nonviolent Communication (NVC)
As developed by Dr. Marshall B. Rosenberg www.cnvc.org

Parenting - Couples – Employers – Clients – Self

- A simple tool for your communication development toolbox
- Facilitating clarity, understanding and cooperation
- Supporting everyone to have needs heard & valued – incl your own!

Foundation trainings: Hastings days or evenings

Date - evenings: *6 weeks Tues's* starts **MAY 14th** 7.30pm to 9.30

Date - days: *6 weeks Wed's* starts **MAY 15th** 9.30am to 12.00

Investment: *Sliding \$200 to \$120 (money back guarantee)*

Private group trainings on request

Registration: *Filipa Hope* 0274-513-445 filipahope@gmail.com



- Integrating & learning NVC since 2006
 - Studying with many & varied NZ and overseas trainers
 - Facilitating trainings privately & publicly since Feb 2010
- “What I love about NVC is even just a little brings huge shifts in connection and more harmony in relationships.”

More information: www.nvc.org.nz