

# Living our Passion Healing with Compassion

with Robert Gonzales

Certified Trainer in  
Nonviolent Communication

7 Day Retreat  
Thurs 7th - Thurs 14th March 2013  
Bella Rakha Retreat Centre  
Oratia, Auckland, NZ

- Develop the inner consciousness to move beyond NVC as a mechanical or rote process
- Directly experience the life-enriching energy of needs, which is the spiritual basis of NVC
- Move beyond the pain of unmet needs to live more consistently in the beauty of needs
- Identify and transform life-alienating thinking to being more fully present to life
- Learn how to deal with the Illusion of the conflict of needs, and live in peace and connection
- Explore and develop a 'we' consciousness within all relationships and community

**Investment:** \$1820-\$1145 (earlybird rates until 10 Jan 2013): dependent upon the accom-food option chosen.

To download a registration pack go to : [nvc.org.nz](http://nvc.org.nz)

**Registration:** Meagan Rutherford 03 388 5874 [meagan.rutherford@gmail.com](mailto:meagan.rutherford@gmail.com)

**Contact:** Phil Toms 09 2766338 [nvcnz@me.com](mailto:nvcnz@me.com)

**Requested NVC Experience:** A basic foundation of NVC skills and consciousness (understanding of the NVC model and terms). Participation in at least one of the following: an NVC based workshop, NVC classes, NVC coaching; plus 6 months in an NVC practice group. If you are interested in this training but don't have any NVC experience, visit [nvc.org.nz](http://nvc.org.nz) to find a foundation training you could attend before March 2013

## About Robert Gonzales:

A teacher of NVC since 1986, Robert has served as President of the Board of Directors for the Center for Nonviolent Communication. He is a certified trainer for the Center for Nonviolent Communication and a trainer at CNVC Intensive International Trainings. He is a former assessor in North America for certifying NVC Trainers and was one of the founding members of the NVC Training Institute, which offers in depth and continuing NVC training in the USA and Europe.

Robert opened the Prescott Center for Nonviolent Communication in Prescott, Arizona in June, 2000. In 2010, Robert moved to Portland, Oregon and renamed the organization the Center for Living Compassion: [living-compassion.org](http://living-compassion.org)

Robert's sharing of NVC has deepened and evolved into a unique body of work, Living Compassion. In the work of Living Compassion, there are the inner dimensions of cultivating self-compassion and living life in fullness. And, there is the outer dimension of how we live in the world and in all our relationships with compassion and full presence.



"What inspires me the most with NVC is the beauty in people's eyes as they transform emotional suffering into joy, freedom, and compassion. I see NVC as a way to bring compassionate living energy into life."

Robert Gonzales

"Robert was the trainer, out of a large group of very high calibre trainers, who most stood out for me, who most said it in my language, who most touched my inner being's longing for making sense of life and connecting all my deepest beliefs together in one model."

Paxe Archer, Nelson, NZ

