



## COMMUNICATION for CONNECTION

*Based on the internationally successful principles of*

**Nonviolent Communication (NVC)**

*As developed by Dr. Marshall B. Rosenberg*

Every parent has times that are challenging with their children. We all want to nurture our relationships with our children. We all want to model compassionate and effective communication that empowers and enriches their lives. We want our children to experience us seeing them beautiful even when their behavior is not. NVC parenting is a 'how to' process that really works!

### **NVC PARENTING WORKSHOP**

**June 20<sup>th</sup> & 21<sup>st</sup> 9am to 4:30pm**

**Glen Eden, Auckland Investment \$220**

**Register/Queries:** Filipa Hope [filipahope@gmail.com](mailto:filipahope@gmail.com) ph: 027.451.3445



NVC has been my personal practice since 2006 & teaching since 2010. I have background study in early childhood development. As a parent I have a personal passion in being the model I want to be for my children and empowering others through NVC as I continue to be empowered.

**More information:** [www.nvc.org.nz](http://www.nvc.org.nz)

*"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom." Viktor E. Frankl*