

Effective Empathy

A One day workshop based on the principles of
Nonviolent Communication (*developed by Marshall B Rosenberg*).



The Workshop

One of the most life serving skills we can learn is empathy. A way to empower ourselves and others to create productive, worthwhile, friendships and relationships. Whether this be in:

- Sales
- Personal relationships
- Board meetings
- Hanging out with friends
- With our children
- Playing sport
- In the classroom

Any situation where there is interaction with others, empathy makes life a lot more richer.

This one day programme is designed to give people the competence and confidence to go out and use empathic communication everyday in all situations.

We will provide facilitation and activities that will give the participants the opportunity to learn and practice the art of becoming a "Street Giraffe." That is effective without sounding like a automated NVC machine.

"Empathy is about standing in someone else's shoes, feeling with his or her heart, seeing with his or her eyes. Not only is empathy hard to outsource and automate, but it makes the world a better place." - Daniel Pink.

When: 26 May 2016

Where: Auckland (Venue TBC)

Time: 9am to 6pm

Investment: \$145 or Free with the Mediation workshop.

Facilitated by: Wayne Prince, Deb Hipperson & Manfred Friedrich

For more information or to register:
deb@meditatinggiraffe.co.nz or
0273410000

