

Effective Communication

**A 1 day introduction for Parents, Youth Workers & Teachers
based on the principles of NVC**



Workshop:

This is a *one day workshop based on the principles of Nonviolent Communication - the work of Dr Marshall Rosenberg.*

In this workshop, you will learn how to:

- *Empower the young people in your life*
- *How to get beyond the labels*
- *Empathically empower youth to make more supportive decisions*
- *Compassionately embrace conflict and see it as an opportunity for growth and connection*
- *Be energised and competent when working with challenge*
- *Practice self care and look after ourselves when working with youth*
- *Form a supportive community to support our youth*

This workshop will be interactive with practice and self discovery.

When: Thursday 16th August 2018

Where: Hancock Community House, 77-85 King Street, Palmerston North

Time: 9:00 am to 5pm

Investment: Investment: Investment \$175 p/p.
Early bird \$145 if paid before 20 July.
Meditating Giraffe LTD.
02-0110-0058043-00 BNZ

Registration: deb@meditatinggiraffe.co.nz or
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Facilitated by Wayne Prince & Deb Hipperson.



Supported by Alice Kleinsman
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