

COMMUNICATION for CONNECTION



*Based on the internationally successful principles of
Nonviolent Communication (NVC)
As developed by Dr. Marshall Rosenberg*

Free Introduction seminar:

Come along and find out what so many people are talking about; these tools will support you, your family, and work environment.

February 25th 6.30 – 8.30pm

Foundation Workshop

March 3rd & 4th

Learn new skills to untangle the tangles in your communication and connection. By gaining a clearer picture of the snares and supports, the answers that emerge are the ones we've been looking for. NVC is relevant, practical, and an empowering 'how to'!

Registration & inquiries: Filipa Hope filipahope@gmail.com 027.451.3445



An approved provider of the Ministry of Ed for ECE staff PD - teaching NVC since 2010. "What I love about NVC is that it continually supports me to build my capacity for self-connection, authenticity, and empathy with others. I am empowered to be & model these life skills for my children - living my core values with confidence & compassion in all my relationships. It is my pleasure & privilege to be able support others with experiential learning of NVC tools and awareness."

Workshops in Hastings. Tuition: \$250. **More information:** www.nvc.org.nz