

COMMUNICATION for CONNECTION



*Based on the internationally successful principles of
Nonviolent Communication (NVC)
As developed by Dr. Marshall Rosenberg*

Workshops in Hastings

Nov 4th & 5th

PARENTING Communication

Nov 25th & 26th

Workshop 9-5pm both days - Tuition: \$250

Free Introduction seminar:

Come along and find out if you are interested...

Sunday Oct 29th 6.30 – 8.30pm

Registration: Filipa Hope filipahope@gmail.com 027.451.3445



Teaching NVC since 2010. "What I love about NVC is that it continually supports me to build my capacity for self-connection & authenticity, empathy, and relating in ways that stimulates my/our natural will to contribute and cooperate. NVC helps me live my values and hold my boundaries with confidence & compassion. It is my pleasure & privilege to support others to discover NVC."

More information: www.nvc.org.nz